

D.A.R.E Report  
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5th Grade (Mrs.Dawson)

Throughout the year so far, I have learned a lot of things about not doing drugs, alcohol and smoking from Deputy Gibson and my D.A.R.E journal entries. So far through the year I learned more than I planned to, but at least I got to learn something new. If you have ever decided to do drugs but didn't do them, good job. Give yourself a pat on the back. What I learned needs to be taught to adults to. There is barely any drugs to warn people not to do them for a reason. To not kill themselves. So what I am telling today, take it to your heart. Don't just think about the right thing, do the right thing.

I never thought those three things can affect me in a way I never could imagine they could. Just those three things can kill me just from doing them. Some people know others that started smoking, drinking, being in gangs, and doing drugs while they were a young child. Many died at young ages just from not listening to others. When you start young you get addicted to it, and when you grow up, you're going to keep on doing it for many more years until you eventually die from it. If you are reading this and you are doing these horrible things, stop while you have the time.

A family member was a drinker. My family wasn't proud of it. But, he knew it was wrong and stopped while he was living. If you don't want to have bad lungs stop smoking and doing drugs. If you want a good liver stop drinking. If you want a good life stop doing things you know are bad for your body. Even though those things are created, you don't have to do them. They are are mostly there for traditions or to warn people not to do them. Others probably do them because they hate their life, but there is no reason you should. You shouldn't kill yourself because you life isn't going the way you planned.

I plan to live a long and happy life. That is why I decided to not drink, smoke, or do drugs at all. My plans in life is to grow up, get a

good job that pays well, and live a happy life. Did you hear drugs, smoking, or drinking anywhere in that. Drinking, smoking, and doing drugs shouldn't be in your daily plan. One day I was watching a video about this man begging another person to smoke in his car. You can tell that this man was addicted because of his reaction when the person he was asking said no.

I am not saying anything to hurt anybody, nor to make anybody feel bad. This is just a warning to all of the drinkers, smokers, and wrong doers. Nobody in this world should be dying because of smoking, drinking, or doing drugs. To be honest, doing those things can have you ending up on the streets, only because you did the wrong thing. So, again, this is for the people who smoke, drink, and is doing drugs. This is also for the ones who don't.

Let this be a warning. Thank you for listening to my little speech.

Sascha L. Singleton